

Study Tips  
Presented by Rho Chi

- 1) **Evaluate past study tips** and try to identify what has worked for you. Every person is different, so it is important to figure out what works best for you. For example, some people make flash cards, others re-write their notes, others make comparison charts, etc.
- 2) **Find one person to discuss lecture material with you.** This person should be someone who motivates you and that you can get work done with. Go through lecture notes with them and discuss the lecture verbally. This will allow you to complete your notes in areas of the lecture that you find confusing.
- 3) If something seems confusing in the notes, **talk to professors or other students or check readings to get another viewpoint**, and then write it out in your own words.
- 4) **Stay organized.** Make a to-do list for the week that includes studying for each day.
- 5) **Write out course/lecture objectives** to help you summarize the material and identify important concepts.
- 6) **Do not cram** – spread out your studying in order to better retain the information.
- 7) **Make your OSCE sheet as you learn about each drug** during the semester and use it during your lab consults. This way you can revise it before you need it for the OSCE.
- 8) **Ask questions!** Get your questions answered by a friend, TA, or professor. Also, take advantage of TA/professor office hours.
- 9) It may be that you do not have time to do all of the **DiPiro readings** for Pharmacotherapy. It may be helpful to **use it as a reference** for unclear lecture concepts or to **read the chapters only for the more prominent disease states** (diabetes, cardiology, etc.).
- 10) If possible, **start studying a week before the exam** by skimming and re-reading the notes. That way when you really sit down to go over the material, you have seen it before.
- 11) **For Pharmacotherapy Lab, review the lectures that are pertinent to that week's lab before lab.** It will help you to be prepared for lab and is a good study tool for the test.
- 12) **For S&A classes, focus on the objectives and readings** that were stressed in class. Whenever you have a professor that tests from his/her objectives, form a small group and split the objectives up among yourselves. It saves time.
- 13) **For Law, know the readings and the blue book! Memorize!**
- 14) **For Drug Lit, read and follow his suggested "Tips and Hints".** If you do, you'll most likely do well on the papers.
- 15) **Try a different way to study.** For example, re-listen to recorded lectures instead of always rereading your notes.
- 16) **Get up earlier than you need** to for class when you don't have lecture until later and use the morning to study so that after class you can use the evening to exercise, do errands, see your friends, and relax.
- 17) **Have a life outside of Pharmacy school.** It will help you be more relaxed about school and put a perspective on life. School should not define who you are!